



Examining Parental Alcohol Use and





IBR SOAR LAB
Peer Relationships as Predictors of Substance Use Severity

APPLIED RESEARCH

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Background

- Adolescents report increasing rates of both alcohol and other substance use (SU; Johnston et al., 2018).
- Parental SU is related to both psychological stress and personal SU (Brook et al., 2010).
- Male adolescents are more likely to engage in alcohol use than females (Johnston et al., 2018).
- This study aims to observe the effects of maternal and paternal alcohol use on subsequent substance use disorder (SUD) severity.
- Additionally, we were interested in the effects of pro-social peer relationships on the development of SUDs.

Method

Sample

216 participants were recruited from Amazon's Mechanical Turk (MTurk) with prior histories of both SU and criminal justice involvement.

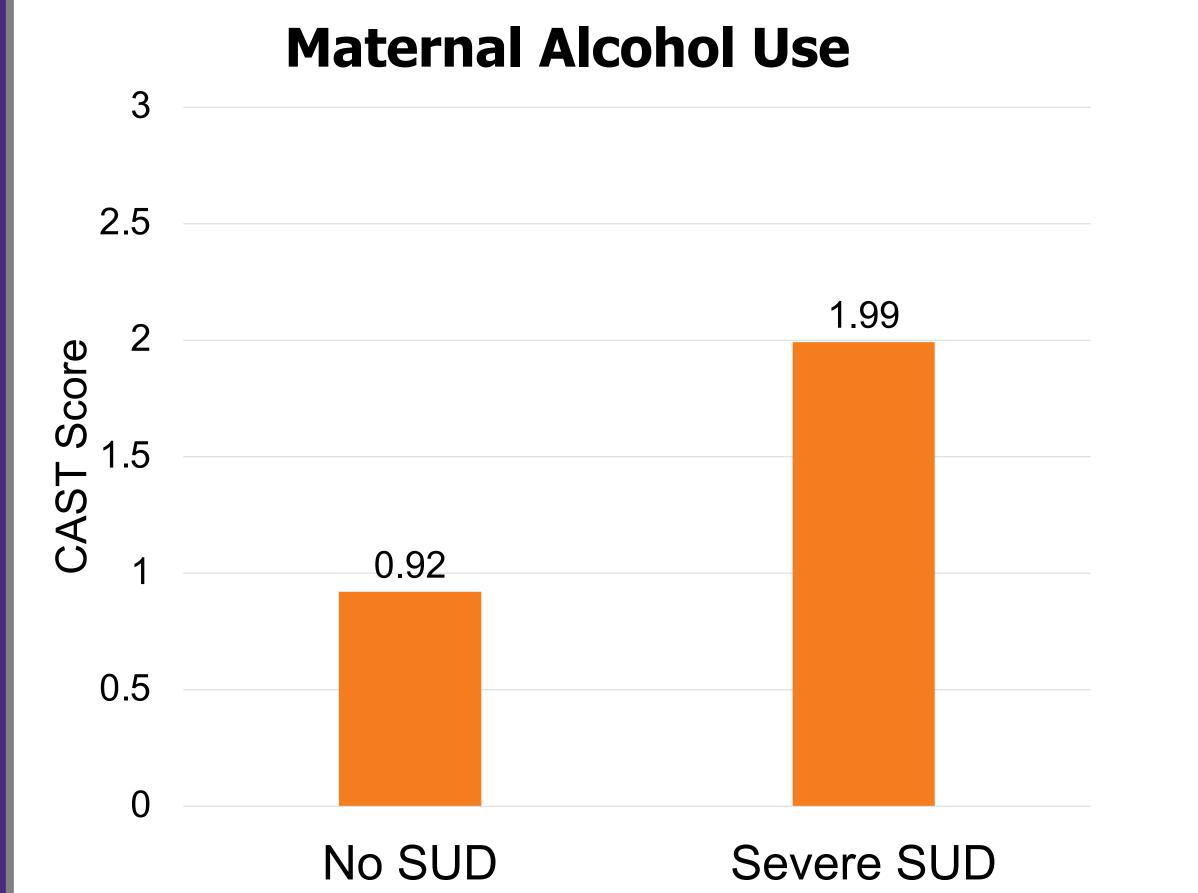
Measures

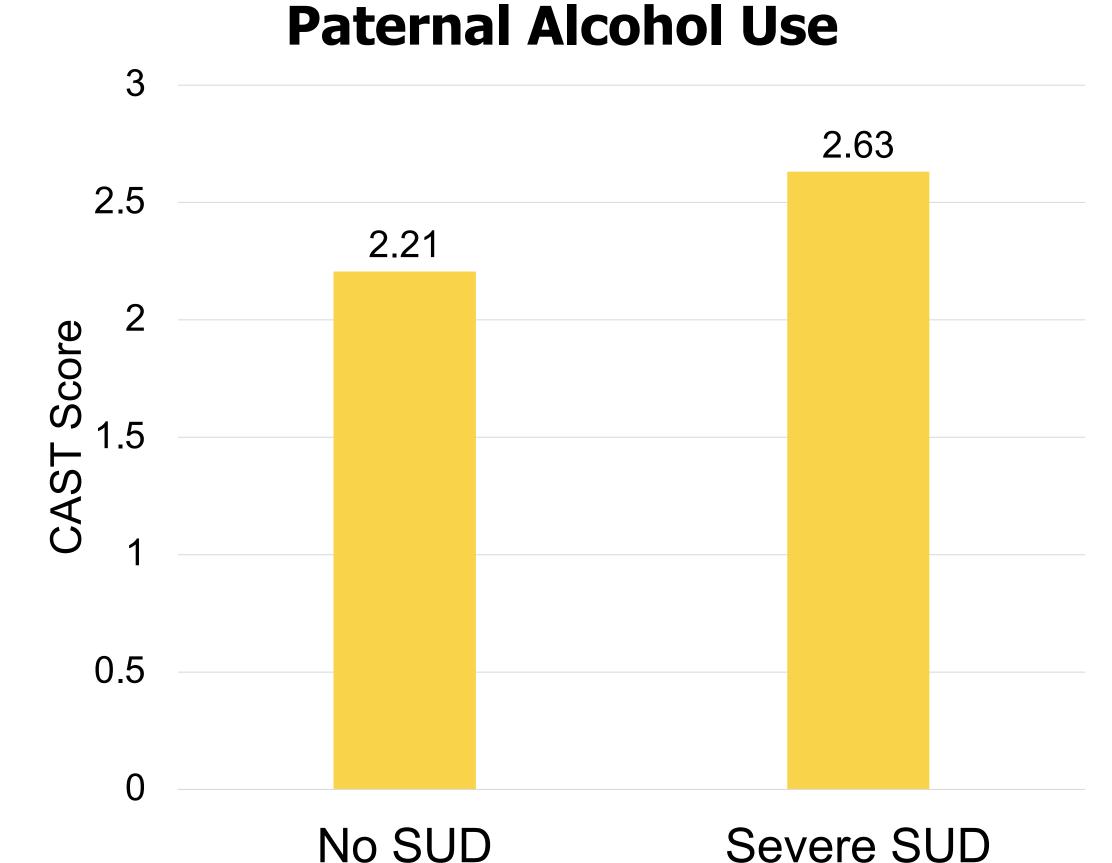
- Parental alcohol use: Maternal and paternal alcohol use was measured using the 6-item Children of Alcoholics Screening Test (CAST-6).
- <u>Peer socialization</u>: TCU Family & Friends Form was used to measure pro-social peer relationships.
- <u>SUDs</u>: TCU Drug Screen 5 was used to assess SUD severity on a continuum (0-11) and determine if they meet criteria for a diagnosable SUD (none/mild/moderate/severe). Only none & severe were analyzed.

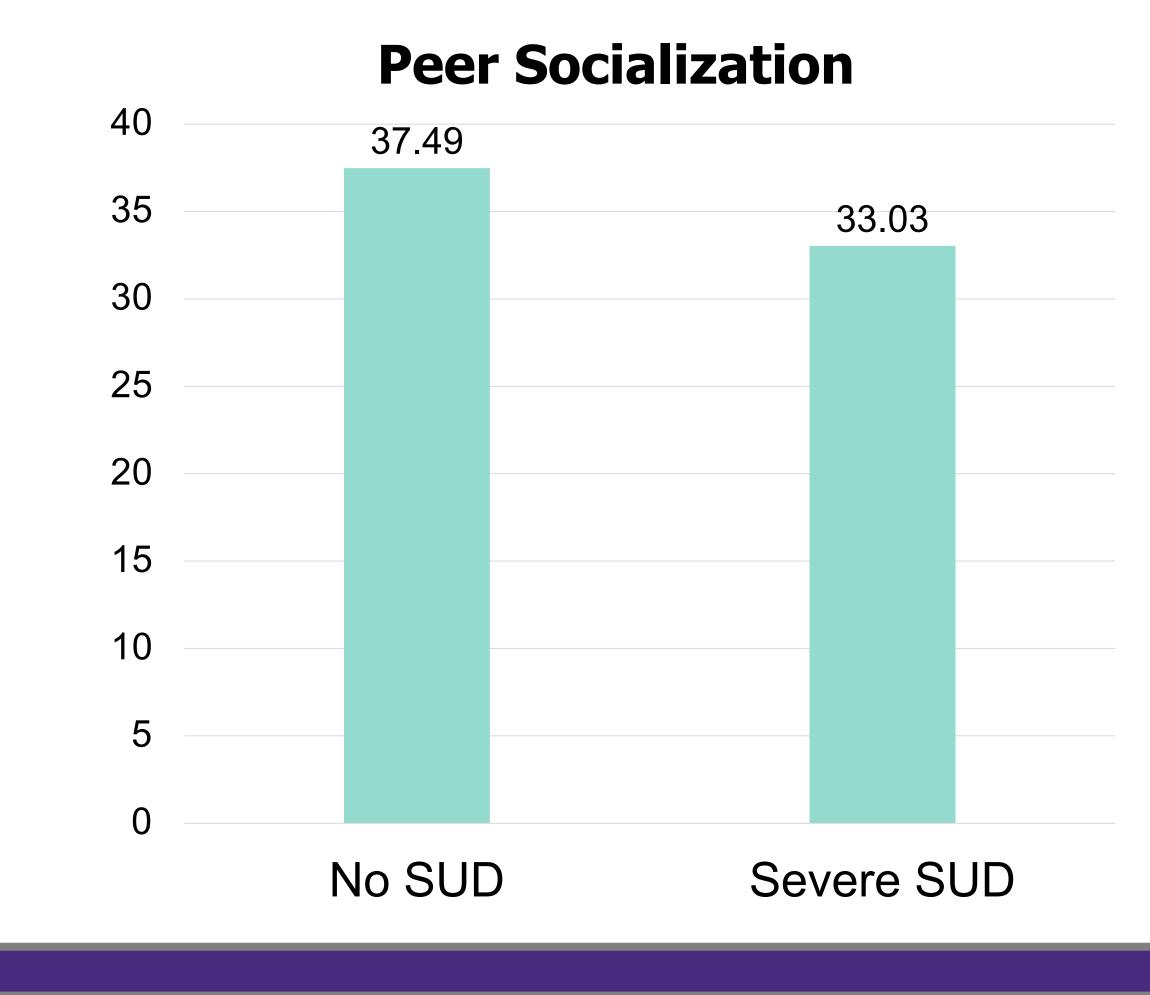
Analysis

• Logistic regression analysis was used to examine the influence of parental alcohol use and peer relationships on SUD severity.

Demographic (N = 216)	Total (n)	Percent (%)
Female	136	63
Male	78	36.1
Transgender man	1	0.5
Gender queer/gender non-conforming Hispanic	1	0.5
No	185	85.6
Yes	31	14.4
Race		
American Indian/Alaska Native	3	1.4
Asian	2	0.9
Native Hawaiian or other Pacific Islander	1	0.5
Black	24	11.1
White	169	78.2
More than one race	9	4.2
Other or unknown	8	3.7







Results

Main effect of Child of an Alcoholic Mother (COAM):

- b = 1.14 (SE = 0.41), Wald = 7.77, p = .005
- Being a COAM raises like likelihood of having a severe SUD by 3.13 times.

No main effect of Child of an Alcoholic Father (COAF):

- b = -0.16 (SE = 0.03), Wald = 0.20, p = .651
- Being a COAF does not have a significant impact on a severe SUD.

Main effect of Peer Socialization:

- b = -0.10 (SE = 0.03), Wald = 13.38, p < .001
- Associating with pro-social peers reduces the odds of having a severe SUD by 0.91.

Conclusions

- Participants whose mothers struggled with alcohol use were significantly more likely to develop a severe SUD.
- Having a father who struggled with alcohol use did not affect respondents' likelihood of having a severe SUD.
- For those with a strong peer support system, subsequent SUD development is reduced regardless of parental alcohol use.

Discussion/Future Directions

Previous research suggests children with parents who engage in SU are more likely to engage in SU on their own.

We found that COAM are more susceptible to developing a severe SUD.
 Additionally, having a peer support system reduces the risk of developing a severe SUD.

Why are COAM more likely to develop a severe SUD, but COAF are not?

Perhaps mothers have a greater effect due to their primary care role. Fathers
are traditionally less involved in a child's care.

Limitations:

 Use of MTurk and subsequent demographic inaccuracy, self-report error, and subjectivity of parental relationships.

Future Directions:

- Expand upon the role in which environmental factors (peer influence, societal institutions, etc.) can impact SUD development and severity.
- Additional research could examine the role of parenting style and attachment style in children's future SU.

References

Brook, J. S., Balka, E. B., Crossman, A. M., Dermatis, H., Galanter, M., & Brook, D. W. (2010). The Relationship between parental alcohol use, early and late adolescent alcohol use, and young adult psychological symptoms: a longitudinal study. *The American journal on addictions*, *19*(6), 534–542. https://doi.org/10.1111/j.1521-0391.2010.00083.x
Johnston, L. D., O'Malley, P. M., Miech, R. A., Bachman, J. G., & Schulenberg, J. E. (2016, January 31). Monitoring the future National Survey results on drug use, 1975-2015: Overview, key findings on adolescent drug use. *Institute for Social Research*. Retrieved March 28, 2022, from https://eric.ed.gov/?id=ED578539